



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# YMCA Camp Duncan

## 3<sup>rd</sup> Annual Duncan Dash

### Sunday, October 15, 2017

**5K Run/Walk (All ages)**

\$25 Pre-Registration

\$35 Race Day Registration

Start Time: 10:00am

**Mile Fun Run (12 & under)**

\$10 Pre-Registration

\$15 Race Day Registration

Start Time: 11:15am

*USATF Certified Course - #IL16065NM*

**Registration:** Visit <https://raceroster.com/events/2017/12767/ymca-camp-duncan-dash>

Return form below - email [dkiesel@ymcahicago.org](mailto:dkiesel@ymcahicago.org), fax 847-546-3550, or mail/drop off to YMCA Camp Duncan, 32405 N. Highway 12, Ingleside, IL 60041.

\*\*Register by September 30, 2017 to guarantee a t-shirt.

**Awards:** First overall male & female for 5K. 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> male & female in each age category for 5K: 14 & under, 15-19, 20-29, 30-39, 40-49, 50+. Ribbons for all Fun Run participants.

**Check In:** Race day registrations and packet pick up at YMCA Camp Duncan at 9:00am.

**Location:** YMCA Camp Duncan, 32405 N. Highway 12, Ingleside, IL 60041

**Questions:** Danielle Kiessel | 847.546.8086 | [dkiesel@ymcachicago.org](mailto:dkiesel@ymcachicago.org) | [www.ymcacampduncan.org](http://www.ymcacampduncan.org)

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_ 5K or Fun Run \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ T-Shirt Size (Adult /Youth + Size) \_\_\_\_\_

▷ Mastercard   ▷ Visa   ▷ American Express   ▷ Discover   ▷ Cash/Check   Check # \_\_\_\_\_

Name on card \_\_\_\_\_ Account # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Visit [www.ymcacampduncan.org](http://www.ymcacampduncan.org) to learn more about the fun  
all throughout the year at YMCA Camp Duncan.